



<i>Adaptive Riding or Carriage Driving</i>	<i>Hippotherapy</i>
Recreational model	Medical Model
Physician approved	Physician prescribed
<p>Certified Therapeutic Riding Instructor Professional Association of Therapeutic Horsemanship, Intl. with basic understanding of human disability-related issues and advanced knowledge of equine care and management.</p>	<p>Licensed Physical, Occupational and Speech Therapist American Hippotherapy Certification Board: Entry Level or Hippotherapy Clinical Specialist Advanced knowledge of human systems, medical and disability-related issues. Entry level to intermediate knowledge of equine care and management.</p>
Lesson Plan with goals focused on riding/driving skills progression	Treatment plan using a variety of treatment theories (Sensory Processing, Dynamical Systems Theory, Biomechanical, Motor Control Theories, Neurodevelopmental Treatment, Model of Human Occupation)
6 years and older (generally)	24 months and older
Issues related to developmental delays, trauma, disease or aging-related process	Issues related to developmental delays, trauma, disease or aging-related process
Horse/rider match: Size and stature and skills to be taught	Horse and rider match: Size, stature, horse conformation and movement as it relates to treatment plan
<p>Equine: sound, ability to inhibit flight response and ability to provide both slow and forward movement at the command of the horse handler AND the rider. Must lead well with the horse handler leading from the head. Any size.</p>	<p>Equine: sound, excellent movement symmetry, rhythm and suppleness moving from gaits and throughout ring figures. Ability to inhibit flight response. Ability to tolerate a variety of patient positions and movement. Must be able to ground drive and provide strong impulsion that translates from equine to human pelvis. 13.2-15.3 HH</p>
Must be able to tolerate a variety of ring elements.	Must be able to tolerate a variety of ring elements.
Ring supports: Horse handler, instructor and side walkers as needed.	Ring supports: Horse handler, instructor and side walkers as needed.
Riding equipment: saddle, reins, bridle, lead, riding boot and pants, helmet.	Riding equipment: pad, surcingle, stirrups may be attached to surcingle, positioning equipment, gait belt, long lines, bridle, helmet, no slippery pants.
Adaptive riding goals met or can ride without ring supports: Transition to traditional recreational or competitive riding.	Treatment goals met: Transition to Adaptive riding with future progression through riding continuum.