



**CARLISLE ACADEMY**  
INTEGRATIVE EQUINE  
THERAPY & SPORTS

## **EQUINE MENTAL HEALTH & WELLNESS FORMS**

**Welcome to Carlisle Academy! Below you will find all required registration paperwork as well as our enrollment process checklist to help you get started.**

**Registration Checklist:** Please make sure that you complete **all** paperwork that applies to the program you are registering for.

- Enrollment Form
- Participant Information Form
- Emergency Medical Form
- Liability and Inherent Risks Form
- Privacy Notice
- Mental Health/Unmounted Medical Form

Please visit our website or e-catalog to peruse the various programs to determine best fit and eligibility. The following are the next steps that students must meet before we can enroll them in our program:

1. The first step is to contact the Head of School at Carlisle Academy to discuss space availability and program suitability (207-985-0374, [info@carlisleacademymaine.com](mailto:info@carlisleacademymaine.com)).
2. An intake and farm tour will be scheduled with the appropriate Carlisle to establish a suitable program. Carlisle staff will review all paperwork including scholarships through our charitable partner, the Carlisle Charitable Foundation if eligible.
3. Once the enrollment material is received, the student is enrolled in an upcoming session or placed on a waiting list.

Thank you for your interest in our program. We look forward to working with you!

Sarah Armentrout, Head of School

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## Enrollment Form – Mental Health & Wellness Programs

**Student Name:** \_\_\_\_\_

**Parent/Legal Guardian:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**School/Agency I attend with (if applicable):** \_\_\_\_\_

**Program Name:** Equine-Facilitated Wellness Program – Private \_\_\_\_\_ Group \_\_\_\_\_  
Equine Grooming Program – Private \_\_\_\_\_ Group \_\_\_\_\_

Working Farmscape Wellness Wkshps. for Veterans \_\_\_\_\_ Indicate Saturday Dates: \_\_\_\_\_

**Session:** Spring Summer Fall

**Payment:**

Tuition/Per Diem Rate: \$\_\_\_\_\_ Proration/Discount \_\_\_\_\_

Carlisle Charitable Foundation Scholarship (if applicable) \_\_\_\_\_

Other Funding Source: \_\_\_\_\_ Amount Pending/Received: \_\_\_\_\_

\_\_\_\_ I have read the Program Policies.

\*\*\*\*\*

**Scheduling Requests (circle all available):**

Tuesday AM Tuesday PM Wednesday AM Wednesday PM Thursday AM Thursday PM

Specific Time Parameters: \_\_\_\_\_

Dates unable to attend (tuition still applies unless excused absence): \_\_\_\_\_



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## PARTICIPANT INFORMATION

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Student Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Guardian Name/Relationship to Student: \_\_\_\_\_

Email address: \_\_\_\_\_ Phone: \_\_\_\_\_

Guardian Address: \_\_\_\_\_

Facility/ Group home/Case Manager/Care Giver (Circle one if applicable) \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

Diagnosis (If applicable): \_\_\_\_\_

Medical history/surgeries (if applicable): \_\_\_\_\_

Are you a veteran? Yes No (circle one) Branch of Military: \_\_\_\_\_

What are your goals? \_\_\_\_\_

\_\_\_\_\_

### Photo/Video Release

I (circle one) **DO** **DO NOT** consent to and authorize the use and reproduction by Carlisle Academy Integrative Therapy & Sports any and all photographs and any other audio/visual materials taken of (student) \_\_\_\_\_ for promotional material, educational activities, exhibitions or for any other use for the benefit of the program.

Student/Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

### Permission to Share Information with Lesson Volunteers

I (circle one) **DO** **DO NOT** Give permission to Carlisle Academy instructors to share information they deem appropriate regarding my son/daughter/ward and his/her disability/lesson goals/communication style, including any specific needs or precautions, with the lesson volunteers.

Student/Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

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## STUDENT AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL: \_\_\_\_\_ Phone #1 \_\_\_\_\_ Phone #2 \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Preferred Medical Facility: \_\_\_\_\_

Primary Health Insurance #1: \_\_\_\_\_ Policy #: \_\_\_\_\_

Secondary Health Insurance #2: \_\_\_\_\_ Policy #: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Telephone #: \_\_\_\_\_

Allergies to medication or other known allergies: \_\_\_\_\_

Current medications/dosing/side effects: \_\_\_\_\_

In the event of an emergency contact:

Name: \_\_\_\_\_ Phone #1: \_\_\_\_\_ Phone #2: \_\_\_\_\_

Name: \_\_\_\_\_ Phone #1: \_\_\_\_\_ Phone #2: \_\_\_\_\_

Name: \_\_\_\_\_ Phone #1: \_\_\_\_\_ Phone #2: \_\_\_\_\_

### Consent Plan

In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of Spring Creek Farm, I authorize Carlisle Academy to:

1. Secure and retain medical treatment and transportation if needed.
2. Release client records upon request to the authorized individual or agency involved in the emergency medical treatment.

This authorization includes x-ray, surgery, hospitalization, medication and any treatment procedure deemed lifesaving and medically necessary by the treating physician. This provision will only be invoked if the person (s) above is unable to be reached.

### Non-Consent Plan

I **do not** give my consent for emergency medical treatment/aid in the case of illness or injury during the process of receiving services or being on the property of Spring Creek Farm.

Legal guardian will remain on site at all times during equine assisted activities.

In the event emergency treatment/aid is required; I wish the following procedure to take place:

\_\_\_\_\_

I have advanced directives and a copy of this is with:

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## Release of Liability

This **Release of Liability** is made and entered into this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_, by and between Carlisle Academy Integrative Equine Therapy & Sports, LLC (hereinafter referred to as Provider), Nick & Sarah Armentrout (hereinafter referred to as Property Owner), Spring Creek Farm (hereinafter referred to as Host Facility), and Student \_\_\_\_\_ (hereinafter designated as Student, and if Student is a minor, Student's Legal Guardian).

Therefore, in consideration of the use, today and on all future dates, of the property, facilities and equipment of the Provider and Property Owner, their agents, successors, or assigns, the Student, his/her heirs, assigns, parents and legal representatives assume any and all risks involved in or arising from Student's use of Provider's services or presence on Property Owner's property or facilities.

The Student thereby waived and releases forever all claims for damages against instructors, therapists, apprentices, aides and/or employees, as well as the Property Owner and Host Facility and its family members, officers, employees, agents (including the insurance companies that insure both entities) and AGREES NOT TO SUE them on account of or in connection with any claims, causes of action, injuries, damages, costs or expenses Student may incur or sustain while receiving services from or on the premises of Spring Creek Farm.

Student agrees to abide by all of Provider's rules and regulations as they now exist or as they may be amended from time to time. In particular, Student agrees to wear properly fitted and secured ASTM/SEI certified protective equestrian headgear when riding horses as well as appropriate footwear if stirrups are used.

### STATEMENT OF INHERENT RISKS (Title 7 M.R.S.A. Sec. 4104A)

I, \_\_\_\_\_ (Student or Student's Legal Guardian, if a minor) acknowledge that I have read and fully understand the following statement of inherent risks, and that I am participating in equestrian therapies and/or sports despite the potential risks.

Equine activities involve a degree of risk that can result in injury or even death, including, but not limited to, the following:

- a. The propensity of an equine to behave in ways that may result in injury, harm or death to persons on or around the equine;
- b. The unpredictability of an equine's reaction to such things as sounds, movements and unfamiliar objects, persons or other animals;
- c. Certain hazards, such as surface or subsurface conditions;
- d. Collisions with other equines or objects; and
- e. The potential of a participant to act in a negligent manner that may contribute to injury to the participant or others, such as failing to maintain control over the equine or not acting within the participant's ability.

Student/Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Having read and signed the **Statement of Inherent Risks** the Student acknowledges the risks and potential for risks inherent in therapeutic riding, carriage driving, hippotherapy, vaulting, horsemanship and grooming; however believes the potential benefits are greater than the risks assumed.

Dated the day, month and year first above written.

Provider: Carlisle Academy

Property Owner: \_\_\_\_\_

Student: \_\_\_\_\_

Legal Guardian: \_\_\_\_\_



## Privacy Notice & Consent Form

**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED. IT ALSO EXPLAINS HOW YOU CAN ACCESS THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.**

We understand that privacy is a very important matter. Our work requires us to gather your personal health information (PHI) in order to provide services. We create a record of the services that you receive and you can trust us to keep your records confidential and secure.

**Collecting Information:** Carlisle Academy Integrative Equine Therapy & Sports LLC (hereinafter Carlisle Academy) restricts access to your PHI only to employees who need the information to provide you with the services. We maintain physical, electronic and procedural safeguards to comply with all laws and regulations to protect the privacy of your PHI.

**Information Disclosure:** Carlisle Academy will use and disclose your PHI so that our staff can provide you with services and/or **Treatment**, to obtain **Payment** and to perform service delivery **Operations** (TPO). We review your PHI so that we can determine your program eligibility and sources of funding. The PHI that is disclosed may include: your name, address, social security number, phone number, diagnosis and disability, the name of your program funding source, and our documentation of your services.

**Information Use:** We do not sell your PHI to outside mailing lists or telemarketing companies. We will add your name to Carlisle Academy's mailing list in order to provide you with updated program information. We will contact you to schedule appointments or discuss service via the telephone, email or postal mail. You can specify the way you want us to communicate if it is necessary to protect your interests. Any other use or disclosure of your information (for Non-TPO purposes as described above) will require your written authorization. If you end your services with us, we will continue to restrict use of your PHI.

**Your Rights:** You have the right to restrict our use of your PHI, to review and copy our documentation of your services, to request changes to your information, to find out who we have disclosed your information to, and to file a complaint about our Privacy Practices. If you file a complaint, we will take no action against you or change your services in any way. To file a written complaint, please contact Sarah Armentrout at 207-985-0374. We reserve the right to amend this notice at any time.

### **FOR THE USE AND DISCLOSURE OF PERSONAL HEALTH INFORMATION (PHI) FOR TREATMENT, PAYMENT OR HEALTH CARE OPERATIONS**

I hereby consent to the use and disclosure of my personal health information (PHI) by Carlisle Academy in order to carry out services and/or treatment, payment or health care operations. I have reviewed Carlisle Academy's Privacy Notice and have a copy of that notice. I have the right to request that the use and disclosure of my PHI be limited for services and/or treatment, payment and operations. I can revoke this Consent at any time by written request. I understand that Carlisle Academy may refuse to provide me with services if I do not sign this Consent.

Participant Name (printed) \_\_\_\_\_ Date \_\_\_\_\_

Participant Signature \_\_\_\_\_

Personal Representative/Guardian Signature \_\_\_\_\_

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Dear Physician/Mental Health Clinician,

Your client, \_\_\_\_\_, DOB: \_\_\_\_\_ with a permanent address of \_\_\_\_\_ is interested in participating in Equine Experiential Learning at Carlisle Academy. This is an unmounted equestrian program. All of The Academy's programs and instructors are accredited and credentialed by the Professional Association of Therapeutic Horsemanship, Intl (PATH, Intl.).

Please List any medications and their potential side effects: \_\_\_\_\_

**Please indicate any precautions or contraindications in the following systems/areas by checking the box.**

Medical:	<input checked="" type="checkbox"/>	Comments:
Sensory (visual, auditory, tactile)	<input type="checkbox"/>	
Cardiac	<input type="checkbox"/>	
Circulatory/Blood Pressure Control	<input type="checkbox"/>	
Immunity	<input type="checkbox"/>	
Pulmonary /Respiratory Compromise	<input type="checkbox"/>	
Neurologic	<input type="checkbox"/>	
Muscular	<input type="checkbox"/>	
Balance	<input type="checkbox"/>	
Orthopedic	<input type="checkbox"/>	
Allergies	<input type="checkbox"/>	<i>Allergy triggers:</i>
Pain	<input type="checkbox"/>	
Migraines	<input type="checkbox"/>	
Recent Surgeries	<input type="checkbox"/>	
Mental Health Disorder	<input type="checkbox"/>	
Animal Abuse/Fire Setting	<input type="checkbox"/>	
Suicidal Ideation/Danger to self or others	<input type="checkbox"/>	

This patient is not medically precluded from participation in Equine Experiential Education/Unmounted Program. I understand that Carlisle Academy will weigh the medical information with existing precautions and contraindications. Therefore, I refer this person to Carlisle Academy Integrative Equine Therapy & Sports for ongoing participation/evaluation.

Print Name/Title: \_\_\_\_\_ Professional Credentials: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ NPI Number: \_\_\_\_\_

**Thank you for your assistance.**

Please email this to Sarah [Sarmentrout@carlisleacademymaine.com](mailto:Sarmentrout@carlisleacademymaine.com). Note: Your patient will not be able to participate in our program without this documentation. Please call us at 207-985-0374 if you have any questions or concerns.

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## Covid-19 Acknowledgement of Risk and Acceptance of Services

### Liability Waiver

I, \_\_\_\_\_ (Client Name), am aware of the risks of contracting Covid-19 while receiving face-to-face services from Carlisle Academy Integrative Equine Therapy and Sports, at this time of the pandemic outbreak. I agree to hold harmless Carlisle Academy Integrative Equine Therapy and Sports, its employees and all other individuals I may come in contact with during this interaction and receiving of services.

I agree to and will follow all guidelines for personal hygiene, personal safety and public safety as recommended by and my individual provider/practitioner, the Maine CDC, and Carlisle Academy Integrative Equine Therapy and Sports, LLC as outlined in their *Infection Control Policies*.

I agree to cancel my services should I have within the previous 24 hours to 2 weeks personally exhibited or have been in contact with someone who has presented with illness including; cough, sneezing, fever, chest congestion or additional signs of potential spread of any virus or bacteria/disease. In addition, I will follow the recommendations of my provider once I have notified them of these risks in regards to my future services during this pandemic.

I am signing under my own free will and choice and agree to follow these and hold harmless all individuals associated with or through my services acquired from Carlisle Academy Integrative Equine Therapy and Sports.

Client Name: \_\_\_\_\_ Date: \_\_\_\_\_

Client Signature: \_\_\_\_\_

Guardian Name: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_

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