



CARLISLE ACADEMY
INTEGRATIVE EQUINE
THERAPY & SPORTS

Hanneke Gerritsen Para-Dressage/Dressage 2-Day Symposium & 1-Day Schooling Show

*Coach Development Program
Athlete Training*

June 2-4, 2017



**Designed & Hosted by
Carlisle Academy Integrative Equine Therapy & Sports
65 Drown Lane, Lyman, Maine**



Carlisle Academy is proud to be recognized as a USEF/USPEA Para-Equestrian Dressage Center of Excellence, a Paralympic Sport Club, and a Premier Accredited PATH Center.

We are thrilled to bring Hanneke Gerritsen of Holland, FEI 5* Paralympic Dressage Judge and Deputy Chair FEI Technical Committee, to Carlisle Academy for an educational and interactive symposium packed with information and training for riders and coaches, followed by a judged Schooling Show. *Para-dressage athletes, dressage riders, and qualified disabled veterans are encouraged to attend!*



Riders will have 45-minute private mounted sessions each day along with lecture-based education. Trained program horses are available. PATH Instructors and Dressage Coaches are encouraged to audit lessons and participate in coach development sessions. Veterans may participate free of charge and are encouraged to audit to learn more about the sport. A USEF National Classifier will be available for classification. A Sports Medicine Veterinarian will lecture and utilize horses for demonstrations.

Participants will receive a bound manual on a variety of topics with accompanying lectures on *Para-Dressage Classification Process, Introduction to Para-Dressage Competition, A Judge's Perspective on Winning Rides/Video Analysis, Musical Freestyle Tips, Adaptive Equipment & Compensation Aids, and Common Equine Athlete Soft Tissue Injuries*. Sunday's schooling show is open to symposium participants, but is managed under a separate registration.

Summary Schedule

Friday, June 2

8:00-8:30	Viewing Room	Registration & Welcome
8:30-10:30	Viewing Room/Lecture	Present manual materials: <i>Adaptive Equipment/Compensating Aids, USEF's Para-Dressage Program Structure & Pathways, Paralympic Military Program for Veteran, Musical Freestyles.</i>
11:45-5:00	Indoor Arena	Lecture: Introduction to Para-Dressage Competition, Hanneke Gerritsen
12:15-1:15	Viewing Room	45 Min <i>Private Lessons with Hanneke Gerritsen</i> (as scheduled)
1:30-4:30	CA Therapy Room	LUNCH LECTURE: <i>A Judge's Perspective on Winning Rides/Video Analysis, Hanneke Gerritsen</i>
6:00 pm	Nonantum Dinner	1.5 hr. Classifications with Kerri Sowers, DPT , USEF National Classifier (by appointment)
		Dinner (RSVP required for participants and guests)

Saturday, June 3

9:00-10:00	Viewing Room	MORNING LECTURE: <i>Understanding Para-Equestrian Classification, Kerri Sowers</i>
10:00-5:00	Indoor Arena	45 Min <i>Private Lessons with Hanneke Gerritsen</i> (as scheduled)
10:15-12:15	CA Therapy Room	1.5 hr. Classifications with Kerri Sowers, DPT , USEF National Classifier (by appointment)
12:15-1:15	Viewing Room	LUNCH LECTURE: <i>Equine Athlete Soft Tissue Injuries, Kim Henneman, DVM</i>
1:30-4:30	Barn Aisle	<i>Equine Chiropractic & Acupuncture Demonstration, Kim Henneman, DVM</i>
5:00	Viewing Room	Closing Comments; Evaluation

TUITION

Para-Dressage/Dressage Clinic - RIDER - \$500 for 2 Days/\$250 for 1 Day. **(Lesson only option - no meals, lecture auditing, or manuals - \$150)**

Included in full tuition are all items listed below:

- *Private lessons each day with Hanneke Gerritsen*
- *Access to all lectures on equine/athlete topics by experts in the field*
- *Bound manual for Coaches/Riders on all lectures and Para-Dressage Rules, Classification, Adaptive Equipment*
- *Use of borrowed horse or stabling is included*
- *Lunch is included in camp fee on Friday & Saturday*
- *Informal dinner gathering Friday night is included*

Para-Dressage/Dressage Clinic – COACHES/ACTIVE AUDITORS - \$125 for 2 Days/\$75 for 1 Day

Participants' family members and support staff do not have to pay the additional audit fee.

- *Observation of all lessons for educational purposes/Access to all lectures*
- *Bound manual for Coaches on all lectures and Para-Dressage Rules, Classification, Adaptive Equipment*
- *Lunch is included in camp fee on Friday & Saturday*
- *Informal dinner gathering Friday night is included*



Lesson Auditor Only: (no meals, lecture auditing, or manual) - \$25 per day



*Carlisle Academy's Para-dressage clinics are recommended by the United States Equestrian Federation and the United States Para-Equestrian Association for coach development. CEU's are available to all coaches who complete this program towards a **Para-Equestrian Coaching Certificate Program** (in development).*



Meals: A simple catered lunch will be provided on Friday & Saturday. All participants are invited to a dinner on Friday, June 2 at the Nonantum Resort in Kennebunkport at 6pm. Pre-registration is required for headcount. Please indicate any food restrictions on the registration form.

Horses: Appropriate and trained program horses are available for para-equestrian athletes. Carlisle staff horse handlers are on-hand for assistance with borrowed horses. Stabling is also available for riders who choose to bring their own horses. Shipped-in horses must be up-to-date on vaccinations and with current Coggins (1 year) and proof of health certificate within 30 days. Turn out is not available. Borrowed horses and stabling expenses are included in the clinic fees.

Attire: You must wear an ASTM/SEI approved helmet with fastened harness at all times while mounted. Breeches, belt, half-chaps or tall boots are appropriate attire. Shirts should be neat and workmanlike. Bring warm layers.

USEF National Classification: Participants will have access to a USEF National Classifier as a preliminary classification for new para-equestrian athletes. Pre-registration is required. Medical forms will be sent from the Carlisle office to those who are interested.

Overnight Accommodations: There are many other hotel options in the Kennebunk/Kennebunkport area and can be found on our website at www.carlisleacademymaine.com, under the "Leadership Institute" button. (Or see the attached info sheet).

Registration Details

CARLISLE ACADEMY – The Academy is a founding center of the USEF/USPEA Para-Equestrian Dressage Center of Excellence, and one among three centers nationally. Since 2009, Carlisle Academy has been designing and conducting para-dressage camps and intensive training programs with international clinicians and judges at our training center in Maine as well as other select national locations. Emerging para-dressage athletes and coaches gain access to an international para-dressage coach, adaptive instructors, as well as an on-staff physical and occupational therapists to provide professional assessments, collaborative coaching, and innovative training to enhance performance development in the sport.



Farm Facilities: The 150-acre private facility is centrally located in Southern Maine, just 30 minutes from Portland, ME and Portsmouth, NH. Fly into Portland, ME, Manchester, NH or Boston, MA airports. The Academy provides an ideal environment for training. With two indoor arenas, two outdoor arenas, including a full-size dressage arena, a therapy room and classroom, individuals and horses alike will find the space comfortable, peaceful and conducive to a productive learning experience. The facility is accessible with ADA-compliant restrooms, parking, viewing room/classroom, lift system, and mounting ramps.

Camp Locations/Contact: All demonstrations, therapist's assessments and mounted portions of the camp will be held at Carlisle Academy at Spring Creek Farm, 65 Drown Lane, Lyman, Maine (Office: 207-985-0374, Sarah Armentrout, Head of School, Carlisle Academy - mobile: 207-468-4035 sarmentrout@carlisleacademymaine.com).



Enrollment & Eligibility: Enrollment is open to both able-bodied and para-equestrian dressage athletes and coaches. Athletes with disabilities must have with a FEI classifiable physical or visual impairment condition, be independent of sidewalking and horse handling support, and have interest in pursuing a competitive para-dressage track regionally, nationally, or internationally. No prior para-dressage competition experience is required. Preference is given to riders enrolled in the full clinic versus on a per diem basis. *Space is limited to 8 riders and 8 coaches. 2 alternate spots will be held in the event of rider cancellations.* (More info on para-dressage classification and eligibility at www.uspea.org; www.usef.org.)

Scholarship Support/Discounts:

CCF FUNDING: For all other para-eligible participants, the Carlisle Charitable Foundation, an independently governed 501(c)(3) organization and the Academy's philanthropic partner, supports para-equestrians who participate in Carlisle's camps and clinics. A scholarship funding request can be made through the "Zoe Fund" of Carlisle Charitable Foundation. More information is available at www.carlislecharitablefoundation.org. 207-967-3242.



VA FUNDING: Para-eligible disabled veterans and their coaches may participate free of charge. Limited scholarships are also available for PATH certified instructors who instruct veterans in adaptive equestrian sports. Special veterans funding has been awarded to Carlisle Academy from the U.S. Department of Veterans Affairs Adaptive Sports Program. In partnership with the United States Equestrian Federation (USEF) and Professional Association of Therapeutic Horsemanship International (PATH), this funding will help to increase and expand para-equestrian sport opportunities to disabled veterans and their coaches at the community, regional, and national levels.

FMI, Contact Sarah Armentrout at sarmentrout@carlisleacademymaine.com, 207-985-0374.

Carlisle Academy Clinician & Faculty

FEI 5* Paralympic Dressage Judge and Deputy Chair FEI Technical Committee

Hanneke began her career with horses at her father's farm in Holland. She has bred several talented dressage horses and is a trainer and coach to many high-performance athletes in Holland. Hanneke gives clinics all over the world. As a 5* Paralympic Dressage Judge, she performs a number of executive functions in the Para-Equestrian (PE) disciplines. She currently is serving as the Deputy Chair of the FEI Technical Committee, is Chair of the FEI Compensating Aids Panel, and is a Technical Deputy at the 2017 European Championships. She was a member of the Ground Jury at the 2008 Hong Kong Paralympics, a Technical Delegate at the 2010 World Equestrian Games in Kentucky, and most recently the Head of the Ground Jury at the 2016 Rio Paralympics. In addition to judging international competitions worldwide, Hanneke coached the Dutch Para-Equestrian Team from 2000 to 2004. Outside of her Para-Equestrian pursuits, Hanneke is a Grand Prix judge and a selector and trainer for new dressage judges at all levels.

Sarah Chappell Armentrout, Head of School, Advanced PATH Instructor, Carlisle Academy

As co-founder of Carlisle Academy, Sarah is involved in all aspects of managing the Academy, from organizational oversight and curriculum development, to strategic planning and farm management with her husband Nick and their 3 children. She has been in the field of equine-assisted therapy for 20 years and is a PATH, Intl. Advanced Riding Instructor as well as a PATH, Intl. Mentor. In the early 90's, Sarah benefitted from working at the National Center for Equine-Facilitated Therapy in Woodside, California under the tutelage of the late Barbara Heine, early visionary and founder of the American Hippotherapy Association. Sarah first became certified as a therapeutic riding instructor in 1995 during a three-year management term at the Sagebrush Equine Training Center for the Handicapped in Hailey, ID. While in Idaho, she also became a working student for Connected Riding Founder, Peggy Cummings. Today, Sarah enjoys teaching adaptive equestrian sports and Pony Club to Carlisle students, while also pursuing her own dressage training. Sarah serves as the Chair of the York County Committee of the Maine Community Foundation, is an active member of the United States Equestrian Federation Para-Equestrian Sports Committee, and sits on the National Advisory Council of the United States Equestrian Team Foundation.

Kerri Sowers PT, DPT, PhD(c), NCS, FEI Level 1 Classifier, USEF National Classifier

Kerri is an Assistant Professor of Health Science at Stockton University in Galloway, New Jersey. She obtained her DPT from Stockton University in 2008 and is currently completing her Ph.D. in Physical Therapy at Nova Southeastern University. She is a board certified Physical Therapy Clinical Specialist in Neurology. She continues to focus on neurological clinical practice at Atlanticare Regional Medical Center, an acute care setting which is a Level II Trauma Center and Comprehensive Stroke Center. She is a Fédération Equestre Internationale Level 1 Classifier for Paraequestrian sport, a United States Equestrian Federation National Classifier, and serves on the United States Equestrian Federation Adaptive Sports Committee. She also serves on the board of the Athletes with Disabilities Network Northeast Chapter. In addition to her experience as a classifier, Kerri is an accomplished dressage rider, who has competed successfully through the FEI levels. Her research interests include understanding the effect of exercise on stress, fatigue and quality of life in individuals diagnosed with Primary Immunodeficiency Disease, and balance and movement analysis of paraequestrian athletes.

Kim Henneman, DVM, DACVSMR (Equine, Canine)

Dr. Kim Henneman is a native of Utah. She graduated *magna cum laude* from Utah State University in 1981 and is a 1986 graduate of Purdue University School of Veterinary Medicine. She is a sought-after Sports Medicine Veterinarian for both equines and canines. She received her IVAS certification in veterinary acupuncture in 1991 followed shortly by her AVCA certification in veterinary chiropractic. The performance horses in her practice cover all disciplines including endurance, racing, eventing, dressage, jumping, reining, roping, cutting and barrel-racing. She has worked on numerous National, World and FEI champions. She accompanied the U.S. Equestrian Endurance Team to the World Equestrian Games in Spain (Sept 2002), the Pan-American Championships (Sept 2003) and the World Endurance Championships in Dubai (Jan 2005). Dr. Henneman has authored several articles in national equine magazines such as *Dressage Today*, *Equus* and *Sport Horse*. She has a chapter in Dr. Allen Schoen's most recent edition textbook on veterinary acupuncture as well as a discussion on the future of veterinary homeopathy in the August 2001 issue of *Veterinary Clinics of North America - Equine*. She has been consulted for articles on saddle fit for *Horse Illustrated* (2004) and alternative medicine for the performance horse for *Western Horseman* (2007). Dr. Henneman is currently a member of the American Academy of Veterinary Acupuncture Board of Directors, and is a popular speaker and lecturer throughout the US and Europe, having spoken at the Equitana Horse Festival in Louisville, KY, and the US Eventing Association Annual Conference; and several veterinary schools.



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Para-Dressage/Dressage Symposium – Hanneke Gerritsen Registration Form

June 2-3, 2017

(Please fill out one form per person)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email: _____ D.O.B: _____

RIDERS ONLY:

Para Classification Grade (if classified): _____ National or International? _____ Para-Profile Number _____

Types of Para-Dressage (or other) competitions pursued to date (e.g. Local, USEF Recognized, National, International): _____

Do you use a wheelchair or other assistive technology? If yes, please specify:

Will you need a personal assistant/groom for riding? If yes, what specifically do you need assistance with?

Are you bringing a personal assistant with you?

Describe your mounting/dismounting process. Assistance needed. Header? Spotters? Block Mount/Ramp?

Any adaptive tack used? Can you bring with you? _____

I ride with a trainer on a regular basis (e.g. once weekly ++) Current Trainer's Name: _____

I ride my own horse/leased horse on a regular basis: How many times per week? _____

I take lessons on a regular basis and am actively competing in local/regional/national shows:

Horse Information (riders only)

I am bringing my own horse (stabling is provided free of charge courtesy of Carlisle Academy)

You must supply your own food, hay and water buckets. Bedding and daily stall cleaning is provided; morning and evening feeding can be done by barn staff. Please note: Daily turnout is not available. Must send in advance copies of current Coggins and vaccination records.

Horse's Name: _____ Breed: _____ Color: _____

Sex: _____ Age: _____ Height: _____ Horse's Owner: _____

_____ Anticipated Truck-in/truck-out days and times: _____

I will need to borrow a horse (horse use is provided free of charge courtesy of Carlisle Academy & friends of the Academy) Please describe the horse you are presently riding, and include any specific information that will help us make the best match to suit your needs (height, breed, temperament):

COACHES ONLY

I am actively coaching a para-equestrian athlete _____ Grade: _____

Name of Athlete: (Not required) _____

Types of Competitions pursued to date (e.g. Local, USEF Recognized, National, International): _____

I am interested in pursuing Certification as a National/International Para-Equestrian Coach _____

My Current Level of Training and Qualifications are as follows (e.g. USDF Instructor, Medalist; Judge, PATH/CHA Certification, BHS, USHJA Instructor & Other Credentials: _____

SUPPORT PEOPLE:

Please complete with the names of any support people who will be attending with you.

Personal Care Attendant: _____

Other Family member(s): _____

Tuition:

RIDER Full Tuition -includes both days \$500 _____

RIDER Per Diem Cost - Which day? _____ \$250 _____

RIDER Lesson only option - Which day? _____ Best time: _____ \$150 _____

COACH/ACTIVE AUDITOR Full Tuition - includes both days \$125 _____

COACH/ACTIVE AUDITOR Per Diem Cost- Which day? _____ \$75 _____

LESSON AUDITOR ONLY Per Diem Cost- Which day? _____ \$25 _____

Optional activities: I would like to sign up for:

USEF National Classification (to offset cost of classifier travel expense) \$50 _____

Additional meals (Riders/coaches registered for full camp tuition do *not* need to pay additional per diem meals).

Opening Dinner, June 2, 6:00pm \$25 _____

Lunches only per day \$10 _____

Please indicate any Special Dietary Requirements: _____

Total Fee: \$ _____

I have applied for veterans funding (rider or coach) _____

I have applied to the Carlisle Charitable Foundation for a scholarship: _____

Registration Due Date: Postmarked or faxed by May 28, by 5pm. Deposit of \$250 is required to hold a spot.

Send attention: Sarah Armentrout, Carlisle Academy, 65 Drown Lane, Lyman, ME 04002. Fax # 207-985-7937, Tel # 207-985-0374, sarmentrout@carlisleacademymaine.com.

Paying by Credit Card: Mastercard Visa Paying by Check: Please make check payable to Carlisle Academy.

Credit Card# _____ Authorized Amount:\$ _____

Expiration Date: _____ V-Code _____

Signature: _____