

Coach & Athlete Development Seminar

PARA-EQUESTRIAN DRESSAGE



September 3 & 4, 2019 | 9am-4pm

at **Carlisle Academy Integrative Equine Therapy & Sports**,
65 Drown Lane, Lyman, ME 04002

Join us for a 2-day USEF-sanctioned seminar designed for athlete and coach development in para-equestrian dressage. Dressage coaches, adaptive riding instructors, and eligible athletes are encouraged to attend. Each day will start with morning lectures followed by 45-minute private mounted sessions, either as a coach or athlete. A participating athlete's coach is encouraged to learn the essential shadow-coaching technique*, allowing for individualized feedback and continual assessment. Registrants will receive information on how to prepare for a coaching session, as well as webinars on Para-Equestrian Sports as prerequisites for the seminar.

Space is limited to 6 riders. Auditors are welcome.

**Shadow Coaching is a specific and advanced application of coaching based on observation and feedback from the Master Coach, with reflective practice by the learning coach and athlete.*



CARLISLE ACADEMY
INTEGRATIVE EQUINE
THERAPY & SPORTS

For more information/registration:
Sarah Armentrout, Head of School
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This seminar is eligible for USEF continuing education credits, however is *not* part of the formal USEF Para-Equestrian Dressage Coach Certificate Program.

LECTURE TOPICS

- Introduction to the new USEF Para-Equestrian Dressage Coach Certificate Program
- Coaching Principles and the 'How to' versus the 'What'
- The 'Shadow Coaching Concept'

FACULTY

Michel Assouline,
USEF Para-Equestrian Dressage Technical Advisor & Head of Coach Development, will be joined by Center Of Excellence staff. Michel is an International Dressage/Para-Dressage Trainer with over a decade of Paralympic and FEI Dressage coaching experience, and most recently completed his tenure as Head Coach for the undefeated U.K. Para-Dressage Team. Michel has conducted Coach Development Seminars for the Danish and French Federations, and is part of the FEI Solidarity Coach Education Programme working group. He is leading the development of the USEF Para-Equestrian Dressage Coach Curriculum.

REGISTRATION

Deadline: Aug 27, 2019

2-Day Tuition, Athlete or Coach:

- Riding Session Included - \$300
- Auditing Only - \$100

Scholarships are available.

Eligible coaches and athletes who are veterans or military personnel may attend free of charge.

