

Working Farmscape Wellness Workshops for Veterans



CARLISLE ACADEMY
INTEGRATIVE EQUINE
THERAPY & SPORTS

Saturdays in 2020

Spring Session:

18 APR, 16 MAY, 13 JUN

Summer Session:

18 JUL, 15 AUG, 12 SEP

Fall Session:

17 OCT, 14 NOV, 05 DEC

9:00am-2:00pm

Program sponsored by the Carlisle Charitable Foundation. Free to Veterans & Active Duty Military. Space is limited.

FMI: Contact

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The Working Farmscape Program is designed for a small group of Veterans to attend three Saturday workshops each in the Spring, Summer, and Fall to gain exposure to the everyday management of a working livestock and crop farm. Holistic and regenerative farming using tractor and draft horse-power provides viable agricultural models and helps us connect to the land and one another in a purposeful, authentic way. Over the course of a 5-hour workshop, participants will work shoulder-to-shoulder helping to harvest hay, spread compost, rotationally graze sheep, perform numerous maintenance tasks, and extract fire and pulpwood from our woodlot. Environmental conditions and the seasonal rhythms of the farm will define our activities. Participants also receive ground-based education in livestock handling to better understand animal temperament, herd/flock dynamics, non-verbal communication, and trust.

