

Carlisle Academy & Spring Creek Farm

Infection Control Policies

Carlisle Academy, Spring Creek Farm, all employees and all recipients of services must abide by these policies in order to work and participate in services during the COVID-19 Pandemic. In addition to the specific guidelines stated for each phase, we will maintain a commitment to the following procedures:

- Participants will be required to sign the *Covid-19 Acknowledgement of Risk and Acceptance of Services/Liability Waiver*.
- No one showing signs or symptoms of COVID-19 (cough, shortness of breath, or fever) will be allowed to come to the facility.
- Visitors are allowed by appointment only.
- No out-of-state interns or visitors are allowed onsite without abiding by the 14-day self-quarantine mandate.
- All staff will be trained in COVID 19 symptoms, Handwashing/ Eye/Face Safety, Personal Protective Equipment use, Blood Borne Pathogen, and safe biohazard disposal, and will review the farm's Emergency Procedures, including a plan for handling injuries that is designed to maintain bio-security to the greatest extent possible.
- Posters will be displayed around the facility regarding CDC hygiene techniques.
- Employees will be asked to refrain from handshaking and greet with an elbow or a gesture from a distance.
- Employees must have a mask on their person, ready to use when in close proximity to customers, vendors, and visitors on the farm. Carlisle will keep extra face masks on hand.
- All students, interns and apprentices are required to wear a face mask while at the farm. Carlisle will keep extra face masks on hand. Children under age 2 should not wear a mask. Fully independent lesson students do not need to keep masks on during heightened activity portion of lesson.
- Instructors, therapists, and interns will wear their masks during mounting/dismounting procedures and whenever within proximity of others, but will remove (drop down on neck) when further away for clear communication.
- Lesson assistants, horse handlers and sidewalkers will wear masks during the entirety of the session.
- Instructors will provide assistance to riders from the side or back as much as possible, avoiding standing directly in front of them as much as able.
- Staff, interns and apprentices will practice proper social distancing as much as possible, 6 feet apart.
- Cleaning and disinfecting of areas will follow the CDC recommendations.
- There will be hand sanitizer stations, wipes, or sprays available throughout the setting, as well as two designated sinks for handwashing with disposable towels (by office door and lower tack room).
- Participants should limit the use of indoor bathroom and preferably use home facilities.
- Carlisle will minimize foot traffic and limit number of people inside common areas (the tack room, office, and classroom).
- Designated personnel will disinfect gate latches, spray nozzles, cross tie snaps, pitchforks, wheelbarrows, and other frequently used non-porous surfaces daily.
- Designated personnel will disinfect high-touch surfaces in common areas daily.
- Toys and objects used in sessions will be cleaned after each use.
- Only designated individuals (trainers/staff) are to move and set jumps or other arena equipment.
- Wherever possible, staff and lessees will avoid sharing equipment and supplies between persons.
- Riders can bring their own clean reins with input from instructors for rein selection.
- Riders will be required to have their own helmets. If purchasing a helmet poses an economic hardship, Carlisle has several that can be loaned out during this time, or we can make a request for a donation through a vendor.
- For communal tack, all bridles, reins, saddles, and brush handles will be wiped down with soap after each use by designated people. Cleaning will be documented on a chart daily.
- Ground-based clients will not be required to use helmets.
- Families should bring only the number of people needed to transport, care, and/or sidewalk for the rider to help limit the number of people onsite. Siblings should plan to stay at home, and if present, must be supervised at all times.
- Families will be asked to leave promptly after their allotted lesson time to allow for disinfecting and to limit the number of people on site.