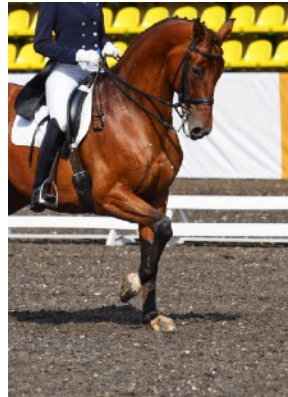


# SUMMER 2021 RIDING CLINIC!

JUMPING / CROSS COUNTRY / DRESSAGE CLINICS  
EQUESTRIAN SPORT PSYCHOLOGY SEMINAR  
RIDER FITNESS WORKSHOP AND BOOTCAMP



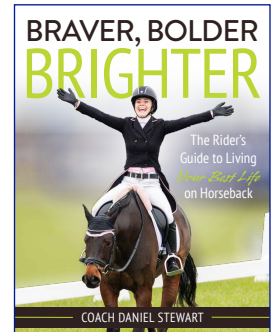
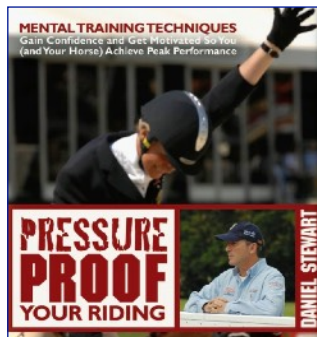
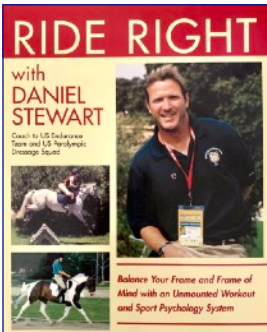
HOSTED BY:

## CARLISLE ACADEMY

LYMAN, ME 04002

WITH INTERNATIONAL COACH, CLINICIAN, AND AUTHOR

## DANIEL STEWART



## SUNDAY AUGUST 15

10:00 - 2:00  
2:00 - 3:00  
3:00 - 4:00

RIDING CLINICS (THREE GROUPS)  
SPORT PSYCHOLOGY SEMINAR  
BOOK SIGNING & AFTER PARTY

FOR MORE INFO CONTACT SARAH AT:  
SARMENTROUT@CARLISLEACADEMYMAINE.COM

### About Coach Stewart

An equestrian for over 40 years, Daniel Stewart combined his 25 years as an international coach and clinician with a degree in physical education to create an empowering and motivating series of equestrian clinics, workshops, seminars, and training camps. As the internationally acclaimed author of "Pressure Proof", "Ride Right", "Fit and Focused", and "Braver, Bolder, Brighter" he's widely considered one of the world's leading experts on equestrian sport psychology, athletics, and performance. He teaches clinics to thousands of riders each year, and is the equestrian sport psychology and rider-fitness consultant to many equestrian associations. When not teaching clinics he coaches four-day Equestrian Athlete Camps at colleges and athlete training centers around the country, produces rider sport psychology videos, and offers one-on-one mental coaching sessions.