

# Connected Riding Lesson Day with Peggy Cummings



**CARLISLE ACADEMY**  
at Spring Creek Farm  
**EQUESTRIAN CENTER**



**Wednesday, July 28, 2021 | 8:30am-5:30pm**  
at Carlisle Academy

Join us for an open lesson day focused on biomechanics for horse and rider harmony. This event precedes the Para-Dressage Seminar for Athletes with Visual Impairments on July 29 & 30, and is open to riders from that clinic as well as the general public. There are 8 lesson spots available.

Private Lessons with Own Horse - 1hr & 15min (includes ground work)	Fee: \$200
Private Lesson with Use of Academy Horse and Groom - 1hr (no ground work)	Fee: \$200

Pre-registration is required. To register, please contact Sarah Armentrout at [sarmentrout@carlisleacademymaine.com](mailto:sarmentrout@carlisleacademymaine.com) or call the office at 207-985-0374.



Connected Riding®

**INTERNATIONAL**   
**PARA-EQUESTRIAN DRESSAGE**  
CENTERS OF EXCELLENCE

**Pony Club**



**PEGGY CUMMINGS, CLINICIAN AND FOUNDER,**  
SCHOOL OF CONNECTED RIDING®

Teaching “feel” is the gift that Peggy Cummings shares with riders worldwide. She is a master rider and teacher and has the same passion and perseverance for her mission that she began over 40 years ago. She believed then and now knows for sure that promoting freedom of movement and reciprocity through elastic connection between horse

and rider creates the magic of being ‘in sync.’ It’s the memory so many people have of being on a horse as a child. Peggy Cummings’ Connected Riding has found a way to help anyone recapture that feeling again.

Through her innovative and transformational style of teaching, Peggy has changed the way riding is taught through her principles and techniques of Connection. She is currently traveling worldwide, is writing and publishing more comprehensive books on her work and mentoring her group of talented instructors under her. Her School of Connected Riding is a not-for-profit institute, providing supplemental education for riding instructors and riders of all backgrounds.

[www.carlisleacademymaine.com](http://www.carlisleacademymaine.com)

65 Drown Lane | Lyman, Maine 04002 | [info@carlisleacademymaine.com](mailto:info@carlisleacademymaine.com)