## FarmABLE

A Farm-Based Experiential Learning Program for Youth



## **Program Details:**

- FarmABLE is an inclusive experiential learning program for youth between the ages of 6 and 12.
- Intended for students of all abilities and aides are welcome to accompany a student.
- Participants engage in learning modules that follow the seasonal rhythms of nature and the farm environment including:
  - Animal Husbandry
  - Horse Grooming & Care
  - Horticulture, including accessible raised bed herb & flower gardens
  - Soil Science
  - Nature Walks
  - Sustainable Agriculture/Farm Management

Thursdays 4:00-5:00pm, 2022 8-Week Spring Session: May 5<sup>th</sup> – June 23<sup>rd</sup> 8-Week Fall Session: Sept 15<sup>th</sup> – Nov 3<sup>rd</sup> Fee: \$300 for 8-week session



CARLISLE ACADEMY at Spring Creek Farm

## **About FarmABLE**

Stewarding animals, farm, and nature

FarmABLE is an immersion experience into the rich educational opportunities that naturally happen on the farm. Participants engage in meaningful activities, gaining an appreciation for the natural world and learning the importance of being good stewards of the land and animals. Learning modules provide hands-on experiences incorporating valuable life skills such as cooperation, self-care, awareness of self and others, and problemsolving.

The program is taught by credentialed Carlisle staff and master gardeners

FMI: Contact the office FMI @ 207-985-0374; info@carlisleacademymaine.com