



CARLISLE ACADEMY
INTEGRATIVE EQUINE
THERAPY & SPORTS

CAIETS™ FIELD SCHOOL IMMERSION EXPERIENCE 2023

at Carlisle Academy



The primary purpose of this Immersion Experience is to provide a rich, experiential learning opportunity for graduate students in a masters or doctoral-level occupational therapy program participating in accredited academic fieldwork or capstone projects. Most presentations and activities are also open and suitable for practitioners, educators, and coaches who may be interested in exploring emerging fields and interventions in the equine, farm, and nature-based practice environment. The Carlisle faculty and guest speakers represent decades of experience in both service delivery and curriculum development expertise.

Participants will have hands-on experience and observation opportunities with these health and wellness activities:

- Equine-Assisted Learning
- Paralympic & Adaptive Equestrian Sport Activities
- Equine Movement Intervention/Hippotherapy
- Adaptive Yoga & Creative Art Expression
- Wellness Retreats
- Farm & Nature-Based Interactions

For more information on a detailed daily schedule, please contact: Sarah Armentrout, Head of School, (207)985-0374 or sarmentrout@carlisleacademymaine.com

SPRING: May 16-18

SUMMER: July 25-27

3 Day Fee: \$250
Per Diem Rate: \$100

FACULTY:

Sarah Chappell Armentrout,
Carlisle Academy Head of School,
PATH, International Advanced
Instructor, & USEF Silver Level
Para-Dressage Coach

Dr. Judy Giencke Kimball,
Ph.D, OTR/L, FOATA,
Carlisle Academy Faculty Advisor,
UNE Professor Emeritus

Rebecca Henry,
MS, OTR/L, AHCBC-CT,
PATH Registered Therapist,
Carlisle Academy Faculty

Janet Smaldone,
PT; HPCS, PATH Registered Therapist,
USEF Physiotherapist,
USEF National Classifier
Carlisle Academy Faculty

Lana Dufour-Kosacz,
MS, OTR/L
Carlisle Academy Faculty

What is CAIETS™ Field School?

EDUCATION • TRAINING • RESEARCH

The CAIETS™ Field School was created as a division of Carlisle Academy, functioning as a learning lab and demonstration school drawing upon over two decades of experience from its trademarked namesake Carlisle Academy Integrative Equine Therapy & Sports®. Through the Field School, we work with high schools, universities and individual practitioners providing accredited academic fieldwork, coursework, research opportunities, and service-learning experiences which intersect with the fields of health and wellness in the equine, farm, and natural environment.

