

SENSORY FAMILY CAMP

An Integrative Health & Wellness Program

Created in Partnership with

The CAIETS™ Field School for Education, Training & Research



Program Details

July 11th – Aug 1st, 2023

Four Tuesdays from 2:30-4:30pm

Open to six individuals and their families, ages 7 and up

The Sensory Family Camp is an occupational therapy program designed to provide a sensory-rich group experience for individuals with sensory processing challenges. During the 2-hour summer camp, participants rotate through structured stations with an emphasis on transitions, sensory integration activities, socialization opportunities, and motor planning exercises addressing individualized goals and improving overall function, wellness, and self-efficacy. Families may participate in activities and provide overall support.

The camp is led by Carlisle's occupational therapist Lana Dufour-Kosacz, OTR/L and supported by Judy Kimball, OTR/L, FOATA and other Carlisle staff trained in equine-assisted services, art education, yoga, horticulture and nature-based education. Interns and academic fieldwork students gain valuable hands-on education and experience in these emerging fields.

**OT Activities in the equine, farm,
and natural environment include:**

**Farm & Animal Interactions
Therapeutic Horticulture
Adaptive Yoga
Nature Connections
Creative Art Play
Music & Rhythm Experiences**

About CAIETS FIELD SCHOOL



CARLISLE ACADEMY
INTEGRATIVE EQUINE
THERAPY & SPORTS

The CAIETS Field School is a division of Carlisle Academy, functioning as a learning lab and demonstration school drawing upon decades of experience from its trademarked namesake Carlisle Academy Integrative Equine Therapy & Sports®. We work with high schools, universities and individual practitioners providing accredited academic fieldwork and service-learning experiences which intersect with the fields of health and wellness in the equine, farm, and natural environment.

This is a grant-funded program and assists with the FIELD SCHOOL students' education and training. One application per family is required with a \$200 co-pay for the entire 4-week program.

FMI: Contact Sarah Armentrout
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or call 207-985-0374.