

# CARLISLE SENSORY CAMP

A Health & Wellness Summer Program

*Created in Partnership with The CAIETS Field School*



## *Program Details*

**June 25<sup>th</sup> – July 30<sup>th</sup>, 2024**  
**Tuesdays from 2:30-4:30pm**

*Open to eight individuals and their families, ages 5 and up*

The Sensory Family Camp is an occupational therapy-based program designed to provide a sensory-rich group experience for individuals with sensory processing challenges. During the 2-hour summer camp, participants rotate through structured stations with an emphasis on sensory integration activities, socialization opportunities, and motor planning exercises addressing individualized goals and improving overall function and wellness. Not all activities are done each week.

The camp is led by Carlisle's instructional staff and occupational therapy student interns supported by Judy Kimball, OTR/L, FOATA. This is a non-riding program but will feature equine interactions, along with a menu of joyful, creative activities on the farm.

**Farm & Animal Interactions**  
**Therapeutic Horticulture & Growing Veggies**  
**Adaptive Yoga**  
**Nature Exploration**  
**Creative Art Play**  
**Music & Rhythm Experiences**

*This is a grant-funded program. One application per student is required with a \$150 co-pay for the entire 6-week program.*

FMI: Contact Alissa @ [aluckey@carlisleacademymaine.com](mailto:aluckey@carlisleacademymaine.com)  
or call 207-985-0374.

**[www.carlisleacademymaine.com](http://www.carlisleacademymaine.com)**  
**Location: 65 Drown Lane, Lyman, ME 04002**

## About CAIETS FIELD SCHOOL



The CAIETS Field School is a division of Carlisle Academy, functioning as a learning lab and demonstration school drawing upon decades of experience from its trademarked namesake Carlisle Academy Integrative Equine Therapy & Sports®.

We work with high schools, universities and individual practitioners providing accredited academic fieldwork and service-learning experiences which intersect with the fields of health and wellness in the equine, farm, and natural environment. Academic fieldwork students gain valuable hands-on education and experience in these emerging fields.