

# Carlisle Academy Pre-K Nature Play

## Exploring Nature Through Outdoor Creative Play



### *Program Details*

*Open to ten individuals and their caregivers, ages 3-5*

Pre-K Nature Play is an inclusive learning program for both neurodivergent and neurotypical children. Early exposure to nature can enhance cognitive functioning, increase social emotional awareness, and encourages physical play to help develop fine and gross motor skills.

Our outdoor classroom gives children the space to explore and use all their senses to see, feel, hear, smell and touch as they experience the wonder of the outdoors.

**Nature Walk Activities**  
**Insect/Invertebrate Hunts**  
**Feathered Friends Discoveries**  
**Beekeeping/Honey Harvesting**  
**Flowering & Flowerless Plants**  
**Eco-Art**

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**Ongoing Program May – October, 2024**  
**Wednesdays 10:30-11:30am**

**Day Fee: \$35**

Pre-registration is required by calling or emailing a day ahead. Space Limited to 10 children.

[info@carlisleacademymaine.com](mailto:info@carlisleacademymaine.com)

Or call 207-985-0374

### **Nature-Based Occupational Therapy**

This program is led by Brooke Gregory, OTR/L, a holistic OT who is passionate about providing evidence-based care utilizing the power of nature to support your whole child. Brooke is supported by Claire Valentine, experienced outdoor educator.

The team uses our tranquil farm environment and the surrounding natural world to support creative play, encouraging a sense of curiosity and connection to the outdoors.

***Caregivers welcome to join!***



**65 Drown Lane, Lyman, ME**

**[www.carlisleacademymaine.com](http://www.carlisleacademymaine.com)**