



FarmABLE



CARLISLE ACADEMY
at Spring Creek Farm

FarmABLE is an immersion experience into the rich educational opportunities that naturally happen on the farm. Participants engage in meaningful and sensory-rich activities, gaining an appreciation for the natural world and learning the importance of being good stewards of the land and animals. Learning modules provide hands-on experiences incorporating valuable life skills such as cooperation, self-care, awareness of self and others, and problem-solving.

Learning modules include:

- Horse grooming & care
- Horticulture, including accessible raised bed herb, flower gardens and soil science
- Farm and nature-based songs, games, and crafts

Program Details:

Tuesdays, May 19 - June 9, 2026
4 - 5:30 pm

Grades 1 - 4

Cost \$150 for 4-week program

Groups are intentionally kept small - space is limited to 6 children

The program is taught by an occupational therapist and supported by credentialed equine-based staff.

Fmi: Contact Katrina Vallario at
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