



CARLISLE ACADEMY
at Spring Creek Farm

Classical Dressage Clinics

with Susanne Winslade

Biomechanics for Horse & Rider

Clinic Features

- Access to a variety of biomechanics tools & creative exercises
- Option for training in hand or with the horse on the longe
- Inviting setting with 75x150 foot indoor arena, mirrors, speaker system, well-maintained footing, and heated viewing room

Susanne is a nationally recognized trainer, clinician, and former FEI competitor from New Hampshire. Susanne's most influential teachers have been Kathy Connelly, International dressage rider, competitor, coach, commentator, author, and "S" judge and Micheal Poulin, 1992 Dressage Olympian. She is a retired US Pony Club Level IV National Examiner (C3 and above for traditional track and specialty dressage), past lecturer of Equine Studies at UNH's Thompson School of Applied Science, and a certified British Horse Society Assistant Instructor. She has joined the team at Carlisle Academy as teaching faculty in classical dressage.



Join us the First Saturday of the Month

\$150 Per Rider/1 Hr. Private

\$100 Per Rider/1 Hr. Semi-Private/Group

Includes the cost of a Carlisle's school horse or the truck-in fee for your own mount. Payment is made to Carlisle Academy (online or by check) and scheduling is done with the Carlisle office at least a week in advance. Once sign ups are complete, the ride times will be shared with riders and auditors, who are welcome to stay for the duration of the clinic. Auditing is free. Chairs and refreshments are provided. Please bring your own lunch.

Susanne Winslade's clinics capture the science of balance and the art of expression in a compassionate and classical dressage training program designed to enhance horse and rider harmony and promote long-term health and sustainability. Any breed and discipline can benefit from this positive, progressive, and interrelated system that teaches the importance of horizontal and vertical balance, obedience to and lightness of the aids, and the value of training each horse based on his own individual merit. This clinic can assist both the ambitious competitor in finding nuanced levels of connection, as well as the devoted equestrian seeking to integrate classical principles in their personal learning journey.